



social switch

It is one of the most craved facets of life that every single human longs for and relies on.

A home in the form of great company and companionship.

Human beings specifically depend greatly on relationships and social interaction to be ultimately victorious.

As Jonathan H Turner stated in “A Theory of Social Interaction”, social interaction has time and time again been proven to help reduce anxiety, assist with self – confirmation and assist greatly in shaping the individual person to be who they are meant to be, granted that that person is surrounded by his or her right “tribe”.

A fruitful conversation with a colleague, an inspiring thought shared with one’s child, or an affirmation with a companion; these are all driving forces for the individual to become the best versions of themselves.

The social switch is imperative for the world we live in, where everything has been misconstrued to be put into a little perfect box.

That is not what life should be.

In fact, life will be stressful, but it should also be funny and messy, because just like a good piece of art it shouldn’t make sense half the time.